



BLUE CHIP COOKIES

NUTRITIONAL FACTS

Disclaimer: These nutritional facts are based on current ingredients used in our baking facility for the online business. Each store might use a variation of ingredients, therefore, the nutritional information might have some differences, which are minor. Since we have over 35 different flavors and also create unique flavors, this is a list of our top selling cookies, representing over 75% of customers consumption. If you have any questions please feel free to call 513 697 6610 of additional information. Please remember all our cookies are baked in facilities that have exposure to TREE NUTS.

B.C.C. DIRECT, LLC 5991 MEIJER DRIVE, MILFORD, OHIO 45150

1-800-888-YUMM (9866)

Almond Toffee Cookie

Serving Size – 2oz (57grams)

Nutrition Facts			
Serving Size 57g (2 ounces) Almond Toffee			
Amount Per Serving			
Calories 270 Calories from Fat 120			
		% Daily Value	
Total Fat	13g		20%
Saturated Fat	7g		35%
Trans Fat	0g		
Cholesterol	35mg		12%
Sodium	250mg		10%
Total Carbohydrate	35g		12%
Dietary Fiber	1g		4%
Sugars	22g		
Protein	3g		
Vitamin A	6%	Vitamin C	0%
Thiamine	8%	Riboflavin	6%
Niacin	6%	Calcium	2%
Iron	15%	Folic Acid	6%
Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per Gram:			
Fat – 9			
Carbohydrate – 4			
Protein - 4			

INGREDIENTS: ENRICHED WHEAT FLOUR BLEACHED (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, SEMI-SWEET CHOCOLATE CHIPS (CHOCOLATE LIQUOR, SUGAR, VANILLA EXTRACT), BUTTER (PASTEURIZED CREAM, SALT), TOFFEE BITS (SUGAR, DAIRY BUTTER, ALMONDS, LESS THAN 2%: MILK, CHOCOLATE (SUGAR, COCOA BUTTER, CHOCOLATE, NONFAT MILK, MILKFAT, LACTOSE, , SALT, VANILLA EXTRACT, ALMONDS, WHOLE EGGS, LEAVENING (BAKING SODA), SALT.

**CONTAINS MAJOR FOOD ALLERGENS
(WHEAT, MILK, ALMONDS, EGGS)**



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Blue Chip Joy Cookie

Serving Size – 2oz (57grams)

Nutrition Facts			
Serving Size 57g (2 ounces) Blue Chip Joy			
Amount Per Serving			
Calories 280 Calories from Fat 120			
		% Daily Value	
Total Fat	14g		21%
Saturated Fat	8g		40%
Trans Fat	0g		
Cholesterol	35mg		12%
Sodium	270mg		11%
Total Carbohydrate	35g		12%
Dietary Fiber	2g		8%
Sugars	20g		
Protein	3g		
Vitamin A	6%	Vitamin C	0%
Thiamine	8%	Riboflavin	8%
Niacin	6%	Calcium	2%
Iron	15%	Folic Acid	6%
Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per Gram:			
Fat – 9			
Carbohydrate – 4			
Protein - 4			

INGREDIENTS: ENRICHED WHEAT FLOUR BLEACHED (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, BUTTER (PASTEURIZED CREAM AND SALT), SEMI-SWEET CHOCOLATE CHIPS (CHOCOLATE LIQUOR, SUGAR, VANILLA EXTRACT); UNSWEETENED COCONUT (PRESERVED WITH SODIUM METABISULFITE), ALMONDS, WHOLE EGGS, SALT, LEAVENING (BAKING SODA)

CONTAINS MAJOR FOOD ALLERGENS (WHEAT, MILK, COCONUT, ALMONDS, EGGS)



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Chocolate Chip Cookie

Serving Size – 2oz (57grams)

Nutrition Facts			
Serving Size 57g (2 ounces) Chocolate Chip Cookie			
Amount Per Serving			
Calories 270 Calories from Fat 110			
		% Daily Value	
Total Fat	12g		18%
Saturated Fat	7g		35%
Trans Fat	0g		
Cholesterol	35mg		12%
Sodium	270mg		11%
Total Carbohydrate	37g		12%
Dietary Fiber	1g		4%
Sugars	23g		
Protein	3g		
Vitamin A	6%	Vitamin C	0%
Thiamine	8%	Riboflavin	6%
Niacin	6%	Calcium	2%
Iron	15%	Folic Acid	6%
Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per Gram:			
Fat – 9			
Carbohydrate – 4			
Protein - 4			

INGREDIENTS: ENRICHED WHEAT FLOUR BLEACHED (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, SEMI-SWEET CHOCOLATE CHIPS (CHOCOLATE LIQUOR, SUGAR, VANILLA EXTRACT); BUTTER (PASTEURIZED CREAM AND SALT), WHOLE EGGS, LEAVENING (BAKING SODA), SALT

CONTAINS MAJOR FOOD ALLERGENS (WHEAT, MILK, EGGS)



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Chocolate Chip Macadamia Nut Cookie

Serving Size – 2oz (57grams)

Nutrition Facts			
Serving Size 57g (2 ounces) Chocolate Chip Macadamia			
Amount Per Serving			
Calories 280 Calories from Fat 130			
		% Daily Value	
Total Fat	14g		21%
Saturated Fat	7g		35%
Trans Fat	0g		
Cholesterol	30mg		10%
Sodium	250mg		10%
Total Carbohydrate	35g		12%
Dietary Fiber	1g		4%
Sugars	21g		
Protein	3g		
Vitamin A	6%	Vitamin C	0%
Thiamine	6%	Riboflavin	6%
Niacin	6%	Calcium	2%
Iron	15%	Folic Acid	6%
Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per Gram:			
Fat – 9			
Carbohydrate – 4			
Protein - 4			

INGREDIENTS: ENRICHED WHEAT FLOUR BLEACHED (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, SEMI-SWEET CHOCOLATE CHIPS (CHOCOLATE LIQUOR, SUGAR, VANILLA EXTRACT); BUTTER (PASTEURIZED CREAM AND SALT), MACADAMIA NUTS, WHOLE EGGS, LEAVENING (BAKING SODA), SALT

CONTAINS MAJOR FOOD ALLERGENS
(WHEAT, MILK, MACADAMIA NUTS, EGGS)



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Coconut Chew (Macadamia Coconut) Cookie

Serving Size – 2oz (57grams)

Nutrition Facts			
Serving Size 57g (2 ounces) Coconut Chew			
Amount Per Serving			
Calories 280 Calories from Fat 140			
		% Daily Value	
Total Fat	15g		23%
Saturated Fat	8g		40%
<i>Trans</i> Fat	0g		
Cholesterol	40mg		13%
Sodium	290mg		12%
Total Carbohydrate	33g		11%
Dietary Fiber	1g		4%
Sugars	18g		
Protein	3g		
Vitamin A	6%	Vitamin C	0%
Thiamine	8%	Riboflavin	6%
Niacin	6%	Calcium	2%
Iron	10%	Folic Acid	6%
Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per Gram:			
Fat – 9			
Carbohydrate – 4			
Protein - 4			

INGREDIENTS: ENRICHED WHEAT FLOUR BLEACHED (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, BUTTER (PASTEURIZED CREAM AND SALT), COCONUT (PRESERVED WITH SODIUM METABISULFITE), MACADAMIA NUTS, WHOLE EGGS, LEAVENING (BAKING SODA), SALT

CONTAINS MAJOR FOOD ALLERGENS (WHEAT, MILK, COCONUT, MACADAMIA NUTS, EGGS)



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Oatmeal Raisin Cookie

Serving Size – 2oz (57grams)

Nutrition Facts			
Serving Size 57g (2 ounces)			
Amount Per Serving			
Calories 229 Calories from Fat 80			
		% Daily Value	
Total Fat	8.9g		14%
Saturated Fat	5.4 g		27%
<i>Trans</i> Fat	0g		
Cholesterol	31mg		10%
Sodium	93mg		4%
Total Carbohydrate	36.1g		12%
Dietary Fiber	1.3g		5%
Sugars	19.8g		
Protein	2.9g		
Vitamin A	9%	Vitamin C	1%
Iron	8%	Calcium	1%
Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per Gram:			
Fat – 9			
Carbohydrate – 4			
Protein - 4			

INGREDIENTS: ENRICHED WHEAT FLOUR BLEACHED (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, BUTTER (PASTEURIZED CREAM AND SALT), VANILLA EXTRACT, RAISINS, ROLLED OATS, WHOLE EGGS, LEAVENING (BAKING SODA), SALT

CONTAINS MAJOR FOOD ALLERGENS (WHEAT, MILK, EGGS, COCONUT)



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Peanut Butter Cookie

Serving Size – 2oz (57grams)

Nutrition Facts			
Serving Size 57g (2 ounces)			
Amount Per Serving			
Calories 270 Calories from Fat 120			
		% Daily Value	
Total Fat	13g		20%
Saturated Fat	6g		30%
Trans Fat	0g		
Cholesterol	40mg		13%
Sodium	350mg		15%
Total Carbohydrate	35g		12%
Dietary Fiber	0g		0%
Sugars	19g		
Protein	4g		
Vitamin A	6%	Vitamin C	0%
Thiamine	8%	Riboflavin	6%
Niacin	6%	Calcium	2%
Iron	10%	Folic Acid	8%
Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per Gram:			
Fat – 9			
Carbohydrate – 4			
Protein - 4			

INGREDIENTS: ENRICHED WHEAT FLOUR BLEACHED (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, BUTTER (PASTEURIZED CREAM AND SALT), PEANUT BUTTER (PEANUTS, HYDROGENATED VEGETABLE OIL (RAPESEED, COTTONSEED AND/OR SOYBEAN OIL), SALT, VANILLA EXTRACT, WHOLE EGGS, LEAVENING (BAKING SODA), SALT

CONTAINS MAJOR FOOD ALLERGENS (WHEAT, MILK, PEANUTS, EGGS)



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Sugar Cookie

Serving Size – 2oz (57grams)

Nutrition Facts			
Serving Size 57g (2 ounces) The Sugar Cookie			
Amount Per Serving			
Calories 246 Calories from Fat 100			
		% Daily Value	
Total Fat	11.1g		17%
Saturated Fat	6.7g		33%
Trans Fat	0g		
Cholesterol	28mg		9%
Sodium	130mg		5%
Total Carbohydrate	34.4g		11%
Dietary Fiber	.6g		2%
Sugars	8g		
Protein	2.9g		
Vitamin A	13%	Vitamin C	0%
Calcium	0%	Iron	6%
Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per Gram:			
Fat – 9			
Carbohydrate – 4			
Protein - 4			

INGREDIENTS: ENRICHED WHEAT FLOUR BLEACHED (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, BUTTER (PASTEURIZED CREAM AND SALT), WHOLE EGGS, SALT, VANILLA EXTRACT, LEAVENING (BAKING SODA).

CONTAINS MAJOR FOOD ALLERGENS (WHEAT, MILK, EGGS)



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Triple Chocolate Cookie

Serving Size – 2oz (57grams)

Nutrition Facts			
Serving Size 57g (2 ounces) Triple Chocolate			
Amount Per Serving			
Calories 260 Calories from Fat 120			
		% Daily Value	
Total Fat	13g		20%
Saturated Fat	8g		40%
Trans Fat	0g		
Cholesterol	35mg		12%
Sodium	250mg		10%
Total Carbohydrate	35g		12%
Dietary Fiber	4g		16%
Sugars	20g		
Protein	3g		
Vitamin A	6%	Vitamin C	0%
Thiamine	6%	Riboflavin	6%
Niacin	6%	Calcium	2%
Iron	15%	Folic Acid	6%
Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per Gram:			
Fat – 9			
Carbohydrate – 4			
Protein - 4			

INGREDIENTS: ENRICHED WHEAT FLOUR BLEACHED (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, BUTTER (PASTEURIZED CREAM AND SALT), SEMI-SWEET CHOCOLATE CHIPS (CHOCOLATE LIQUOR, SUGAR, VANILLA EXTRACT), MILK CHOCOLATE CHIPS (CHOCOLATE LIQUOR, SUGAR, MILK, COCOA BUTTER, VANILLA EXTRACT), WHOLE EGGS, LEAVENING (BAKING SODA), SALT, VANILLA EXTRACT.

CONTAINS MAJOR FOOD ALLERGENS (WHEAT, MILK, SOY, EGGS)



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White Chocolate Chip Cookie

Serving Size – 2oz (57grams)

Nutrition Facts			
Serving Size 57g (2 ounces) White Chocolate Chip			
Amount Per Serving			
Calories 270 Calories from Fat 110			
		% Daily Value	
Total Fat	12g		18%
Saturated Fat	7g		35%
Trans Fat	0g		
Cholesterol	40mg		13%
Sodium	280mg		12%
Total Carbohydrate	37g		12%
Dietary Fiber	0g		0%
Sugars	25g		
Protein	2g		
Vitamin A	6%	Vitamin C	0%
Thiamine	8%	Riboflavin	8%
Niacin	6%	Calcium	4%
Iron	8%	Folic Acid	6%
Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per Gram:			
Fat – 9			
Carbohydrate – 4			
Protein - 4			

INGREDIENTS: ENRICHED WHEAT FLOUR BLEACHED (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, WHITE CHOCOLATE CHIPS (SUGAR, COCOA BUTTER, WHOLE MILK POWDER, SKIM MILK POWDER, VANILLA EXTRACT); BUTTER (PASTEURIZED CREAM AND SALT), WHOLE EGGS, SALT, LEAVENING (BAKING SODA), VANILLA EXTRACT.

CONTAINS MAJOR FOOD ALLERGENS (WHEAT, MILK, SOY, EGGS)



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White Chocolate Macadamia Nut Cookie

Serving Size – 2oz (57grams)

Nutrition Facts		Serving Size	
		57g (2 ounces)	
		White Chocolate Macadamia Cookie	
Amount Per Serving			
Calories		280	Calories from Fat 130
		% Daily Value	
Total Fat	15g		23%
Saturated Fat	7g		35%
Trans Fat	0g		
Cholesterol	35mg		12%
Sodium	260mg		11%
Total Carbohydrate	35g		12%
Dietary Fiber	0g		0%
Sugars	23g		
Protein	3g		
Vitamin A	4%	Vitamin C	0%
Thiamine	6%	Riboflavin	6%
Niacin	4%	Calcium	4%
Iron	8%	Folic Acid	6%
Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per Gram:			
Fat – 9			
Carbohydrate – 4			
Protein - 4			

INGREDIENTS: ENRICHED WHEAT FLOUR BLEACHED (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, WHITE CHOCOLATE CHIPS (SUGAR, COCOA BUTTER, WHOLE MILK POWDER, SKIM MILK POWDER, BUTTEROIL, VANILLA EXTRACT), BUTTER (PASTEURIZED CREAM AND SALT), MACADAMIA NUTS, WHOLE EGGS, LEAVENING (BAKING SODA), SALT, VANILLA EXTRACT.

CONTAINS MAJOR FOOD ALLERGENS
(WHEAT, MILK, MACADAMIA NUTS, EGGS)